

PARENT/GUARDIAN COMMITMENT FORM AND PERMISSION SLIP

Dear Parents/Guardians:

Make a commitment to Zion Athletics! Before your child can become a member of any team, we would like the assurance of the parents/guardians commitment to this endeavor.

Sports are a time consuming commitment, which takes a lot of sincerity by the student-athlete but also by the parent/guardian in order to be successful for the player as well as the team. We will need help at home games, working in the concession stand, scores table, setting up and taking down equipment and other areas.

Please consider your decision. Pray about it as well as talk to the potential player. We need your commitment and do not want people deciding to quit at any time. Once you start a job, you must finish it.

Athletics teach you many things such as: commitment to a single cause, teamwork, cooperation, acceptance, timeliness, management of time, and many others. Please think this through and make an all out, whole-hearted decision to Zion Athletics!

I hope you make the decision to participate in one of our teams this year. It will be worth the hard work you put into it.

In order for your child to be a member of a Zion team, your signature is needed below.

I give my permission for (child's name)_____ to attend and travel to practices and games. I understand that all safety precautions will be taken for the protection of my child. He/She has assured me that his/her conduct will be a credit to him/her and the team. I will not hold the school, coaches, host or drivers liable in case of an accident, during transportation, practice or games. We will be traveling by walking/jogging or private vehicles. Individuals providing private transportation must carry adequate insurance and provide one seat belt for each person. If any changes are made in this schedule, you will be notified at least one day in advance of the coming change.

Parent's/Guardian's Signature_____ **Date**_____

PLAYER COMMITMENT FORM

- I. Your purpose on this team is to maximize your athletic ability to blend into a maximum team effort.
- A. You will, at **100%** of your capacity, pursue given physical and mental drills to develop your individual athletic abilities.
 - B. You will, at **100%** of your capacity, pursue given drills that will help you work together with other athletes on this team.
 - C. Success on this team is determined by unleashing **100%** of what you have. When you are tired, you are expected to give **100%** of what you have to give at that moment. You will not be criticized for not giving what you don't have.
 - D. You will be expected to enthusiastically encourage your teammates, even those with whom you're competing for a position on the team.
- II. The following team rules have been established by the coaching staff to help each of us work together in maximum harmony. What you think and do has an influence on your teammates. The purpose of each rule is to serve as a guideline to develop your maximum potential. If you have questions concerning any of these rules, please see a coach for further explanation. Your commitment to this team is a commitment to the acceptance of these team rules and violation will result in disciplinary action.
1. **Give Glory to God!**
 2. Be on time for all required sessions. Meetings, practice, and games etc.
 3. Be positive and encourage teammates.
 4. Do not abuse Gym. Use as directed by your coach. Improper use can result in serious injury.
 5. Follow instructions of the coach very carefully, paying very close attention to details.
 6. No horseplay! Horseplay can lead to foolish injuries.
 7. Excel in the classroom! No behavior problems in or out of school.
 - Continual infractions of rules will lead to suspension and ultimately elimination from the team.
- III. Your practice/game schedule consists of:
- A. See handouts and/or as told by coaches.
 - B. Be aware of meeting, practice, and game changes. Check with the coaches. **BE SURE** and check with the coaches.
- IV. Our motto for the season is: **“But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect.”** 1 Peter 3:15
- V. Your responsibility is to do each assignment at **100%** of your capacity, regardless of how you personally feel. The coaching staff has the responsibility of directing the team to its maximum potential. You have the responsibility to carry out all assignments so the maximum potential of this team can be reached.
- VI. My commitment. I agree to the above job description and commit myself **100%** to its accomplishment.

Athlete's signature _____ Date _____